



Long Term Care Home

415 River Street W. Tweed, ON. K0K 3J0, P. O. Box 200

www.moiraplace.com

Telephone: 613-478-5524

The Messenger



Message from the Administrator



Entertainment Line Up

**Sept 4th
Andy @ 2:00pm**

**Sept 5th
Gary @ 2:00pm**

**Sept 9th
James @ 2:00pm**

**Sept 11th
Art @ 2:00pm**

**Sept 19th
Jake @ 6:30pm**

**Sept 26th
Wayne @ 2:00pm**

**Sept 30th
Brian @ 2:00pm**

As a responsible operator of long-term care homes, our parent company AON has developed a Mission Statement that we look to when setting strategic plans, and the manner with which we conduct ourselves. I think that it's important to remind people of these core concepts that influence the decisions that we make every day, as well as the long-term decisions that may have a larger impact on the people we interact with day-to-day. With that, here is our Mission Statement and the Values that we abide by:

AON Long-Term Care homes are dedicated to creating a "new tradition of long term care" by combining a comfortable environment with flexible programs tailored to individual needs. We will provide a home-like environment that promotes the maximum independence, dignity, safety, and wellness of every one of our residents.

Values:

Choices: Our commitment is to treat every resident as an individual. We recognize the right of each resident to make decisions about their own care and we encourage individual control over the choices encountered in daily life.

Holistic Care: We will provide a range of services to care for the whole person: mind, body and spirit. "Wellness" is more than just attending to physical care needs, it means fulfilling emotional and spiritual needs as well. We will emphasize what our residents can do -- not what they can't do -- in striving to achieve optimum independence and wellness.

Involving Families: We understand the importance of family involvement and welcome family participation in every aspect of our residents' lives.

Courtesy and Respect: We will demonstrate the highest standards of courtesy and customer service excellence in every interaction with residents, their families, fellow employees, and members of the community. At all times we will treat our residents, and each other, with respect.

If you would like to discuss any of these values and how they affect you and/or your loved one, please feel free to stop in and see me. I hope that you've been enjoying a great summer as we've been enjoying the local food and anticipating some tasty fall harvests.

Michael O'Keeffe,
Administrator



Nice smile, James!



Rella enjoying coffee club.

Environmental Services Week 2024

Moira Place is now 15 years young. Key to ensuring the Home always looks its best is having engaged and caring staff who take their responsibilities seriously. The Environmental Services Department at Moira Place consists of Housekeeping, Laundry, and Maintenance. There are currently 17 people working in the Department.

Daily there are 4 housekeepers who are assigned specifically to one of the home areas and work independently but as a component of the larger team.

Every resident room is tended to daily, and each room is deep cleaned monthly or more often if required. Additionally, each day a person is assigned to the common areas of the home and they receive the same attention as the resident rooms each day. Staff have access to state-of-the-art equipment



to ensure their tasks are completed effectively and efficiently, but the reality is sometimes tasks must be completed traditionally but still very effectively.

Interesting facts, the home uses almost 10,000 feet of paper towel weekly, uses approximately 60 boxes of facial tissue as well as approximately 1000 garbage bags weekly.

Our laundry team works 13 hours each day. We have 3 industrial washers and dryers that run constantly for those hours. Daily the laundry team, supported by our housekeepers wash, dries and folds approximately 35 loads of linens and personal items; each load is approximately 3 times the size as a residential washer. At any given time there approximately 2800 pieces of bathroom linens in the home as well as approximately 600 pieces of bedding.

Maintenance in the home is accomplished at various levels, many of the mechanical items in the home are addressed by outside technicians, the more day to day tasks are addressed by our maintenance team, who are here daily and address issues from painting to water leaks to shoveling.

The key to achieving success in Environmental Services doesn't lie with the tools or equipment, but solely with our staff. ES staff are engaged with the residents, care about the quality of the task they are doing because not only does it reflect on them and the home, but this is the home of some very special people. We have the honor of working where they live!



First Day of Fall
September 22, 2024



Give Peace A Chance

Celebrate World Peace Day on September 21. Established by the United Nations in 1981, International Peace Day is intended to promote and celebrate human caring, unity, and peace and to discourage war and unrest throughout the world.



For International Day of Peace 2023, the theme is '**Actions for Peace: Our Ambition for the #Global Goals**'. It is a push for us to recognize how our individual and collective actions can affect and foster global peace.



The Trillium Husking Corn Crew!



Schyler, our tuck shop volunteer.

TUCK SHOP HOURS

Mondays, Wednesdays. Fridays
10am-11:30am



First Responders Dinner

Tuesday, September 10th at 5:00pm

Thanks to all of the emergency services for providing their services to our residents in need!





Yoga in the garden, relaxing and rejuvenating.



Marion practicing her stroke in mini putt.

Don't forget to LIKE us on Facebook!



September Fun Fact

Out of all 12 months of the year, September is spelled with the most letters. It contains nine letters, and it happens to be the ninth month of the year. No other months have the same amount of letters as their number in the calendar year.

Beaver Tail Truck for Residents and Staff

Tuesday September 2nd
12:30pm-3:30pm



New Clothing Reminder

Bringing in new clothing for your loved ones is always strongly encouraged. Who doesn't love a new shirt or blouse? Especially when the seasons change...

Please ensure that you inform care staff of the new items, so that they can be labelled by our laundry staff and then sent to your loved ones room.





Bob, a proud winner of bowling!

5th Annual Farm to Table Feast

September 10th at
5:00pm



This menu features
local farming
families in the
surrounding areas and
their fresh local
produce.



Jean, ready to plant flowers.

Advice From A CACTUS

GET plenty of **SUNSHINE**
ACCENTUATE your **STRONG** points
Be **PATIENT** THROUGH the **DRY SPELLS**
CONSERVE your **RESOURCES**
WAIT for your time to **BLOOM**
STAY SHARP!





Cheers Fran!



Pauline and Elwood, old friends having an opportunity to catch up on life.

Grandparents are a Hoot

Our sense of humor, just like a fine wine, seems to get better as we age. We laugh at ourselves a bit more easily, and when it comes to the aging process, it's better to laugh than cry! And there is also the fun of watching our children as parents: they struggle with the same challenges that we had. Ah, yes, being a grandparent has its definite rewards. Come share a few laughs as we explore the world of grandparenthood.

A grandmother was telling her little granddaughter what her own childhood was like. "We used to skate outside on a pond. I had a swing made from a tire; it hung from a tree in our front yard. We rode our pony. We picked wild raspberries in the woods." The little girl was wide-eyed, taking this all in. At last she said, "I sure wish I'd gotten to know you sooner!"

When my grandson asked me how old I was, I teasingly replied, "I'm not sure." "Look in your underwear, Grandpa," he advised. "Mine says I'm 4 to 6."

Grandparents Day is celebrated September 8th, 2024. We have many resident's who take pride in their families. They love to share stories and boast about their family's successes.

Visit your grandparent, make a phone call or write a card and mail it; it will make their day!

Did you?
KNOW!

You can watch our in-home media station from anywhere at any time by logging on to:
<http://www.moiraplace.com/aon-tv/>

You're Invited to an Educational Presentation Don't Miss Out...

Residents/Families/Visitors/Staff and Guests
You are invited to attend our presentations on:

A Palliative Approach to Care: presented by April Coulter, RN, CHPCN
(Certified Hospice Palliative Care Nurse), Chief Nursing Officer with AON Inc. Health Services

&

Vaccines/Vaccinations: all you need to know,
presented by Alison Carvalho Infection
Prevention and Control Practitioner Kingston
Health Sciences Center SE Hub.

**On September 16th, 2024, at 1:30 pm
in the Fireside Lounge**

RSVP TO: Cortni Buchholz at
mpssw@aoninc.com
or call 613-478-5524 ext. 3037

Come learn and bring your questions!



Roberta enjoying a fresh cold lemonade.



Moira Place Country Fair

"IN EVERY COUNTRY FAIR
THERE IS A STORY TO BE TOLD"

"A FAIR IS AN ENCHANTED PLACE WHERE DREAMS COME TO LIFE"



"LIFE IS A FAIR ADVENTURE, ENJOY THE RIDE!"



"MAKING SPECIAL MEMORIES AT THE FAIR"



"LIFE IS A FERRIS WHEEL,
SOMETIMES YOU'RE UP,
SOMETIMES YOU'RE DOWN"